## *Domiciliary Service Mission Statement*

The Mission of the Palo Alto Domiciliary is to provide residential rehabilitation to homeless and/or substance-dependent veterans in a supportive environment with the goal of helping veterans return to optimal independent living.

## *Domiciliary Programs*

### Homeless Veterans Rehabilitation Program (HVRP)

***(70 Beds)***

The primary goal is to help veterans return to employment and stable housing while maintaining a clean and sober lifestyle. Rehabilitation involves 90 days of personal problem solving and life-skills training in a peer-support format, and an additional 90 days for job search and employment.

### First Step

***(30 Beds)***

The primary goal is to help veterans re-establish sobriety, as well as a lifestyle that provides for independence along with continuing support from others. Rehabilitation involves 90 days of group- based treatment focusing on relapse prevention and related personal issues.

## *Alumni Programs:*

Both HVRP and First Step offer a wide range of social and recreational aftercare activities that help strengthen and maintain a recovery-based lifestyle.

## *Domiciliary Admission Criteria*

- Capable of self care
- Free of medical, psychological or legal problems that would interfere with residential treatment
- Motivated and able to actively participate in intensive treatment

### Additional Admission Criteria (HVRP)

- Homeless or at risk of being homeless
- Willingness and ability to return to active employment

### Additional Admission Criteria (First Step)

- Recent and/or history of substance abuse
- Seeking to return to an optimal level of independent clean and sober living in the community

## *How to Apply – HVRP*

To apply or receive information about the program please call:

**1-800-848-7254**

Monday through Friday 9:00 am to noon or 1:00 pm to 3:00 pm.

Arrangements can be made to speak to a veteran who is currently in the program Monday through Friday 8:00 am to 4:30 pm.

## *How to Apply – First Step*

For additional information or to set up a phone screening regarding this program please contact the consultation team at:

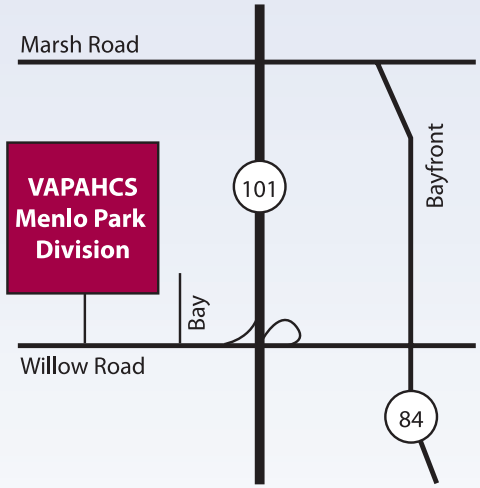
**(650) 617-2734** *or*
**(650) 493-5000 x22734** *or*
**1-866-717-1978**

Monday through Friday 8:30 am to noon or 1:00 pm to 3:30 pm.

## *General Eligibility for VA Care*

Eligibility for most VA benefits is based on discharge from active military service under other than dishonorable conditions. Depending on financial status, there may be a co-payment charge.

Coordination of medical, dental, mental health, dietary, and social services, as well as other VA resources are available as needed.




August 2008

DOMICILIARY SERVICE
1988

VA PAHCS
Veterans Affairs
Palo Alto Health Care System

795 Willow Road
Menlo Park, CA 94025
(650) 493-5000

# Domiciliary Service

*at the*

## VA Palo Alto Health Care System

VA PAHCS
Veterans Affairs
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Menlo Park, CA 94025
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