

# Endoscopic Procedures

**Colonoscopy:** An examination of the lining of the large intestine with an endoscope. Medications (sedation) will be given intravenously to help minimize any discomfort and to help you relax.

**Upper Endoscopy (EGD):** An examination of the esophagus, stomach, and the first part of the duodenum with an endoscope. Medications (sedation) will be given intravenously to help minimize any discomfort and to help you relax.

**Flexible Sigmoidoscopy:** An examination of the lower left side of your large intestine with an endoscope. No sedation is given for the procedure.

## Palo Alto Division Only:

**Endoscopic Ultrasound:** Utilizes a special endoscope that is equipped at its tip with an ultrasound probe. This allows visualization ultrasonically below the top layer of the colon, esophagus, and/or stomach lining as well as allowing tissue sampling using aspiration needles. Medications (sedation) will be given intravenously to help minimize any discomfort and to help you relax.

**ERCP Biliary Study:** An examination of the biliary drainage system under fluoroscopy (x-ray). Medications (sedation) will be given intravenously to help minimize any discomfort and to help you relax.

**Capsule Endoscopy:** An examination of the lining of the middle part of the gastrointestinal tract using a pill-size video and will view the images on a video monitor. The capsule endoscopy is swallowed and passes naturally through your digestive tract while transmitting video images to a data recorder that is worn on your belt for approximately eight hours. The capsule will be naturally excreted during your bowel movements.

**pH Monitoring:** A capsule is attached during an upper endoscopy procedure to your lower esophagus. This is to measure stomach acidity in the esophagus for the next 24 hours via a separate data recorder you will be wearing. During the monitoring, you will keep a diary of any symptoms you experience and record the exact times of your activities. Plan to return the next day to return the data recorder and your diary. The capsule will be naturally excreted during your bowel movements.