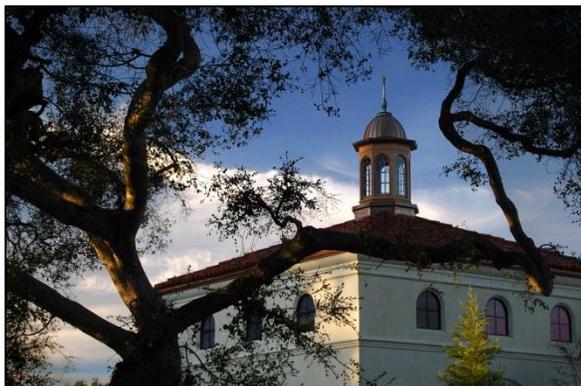


FACT SHEET

Welcome Center

The Welcome Center is an interdisciplinary facility on the Menlo Park Campus of the VA Palo Alto Health Care System, Veterans Health Administration's largest health care system in Northern California.



Built solely through the generous donation of a local philanthropist, the 10,000 square-foot, state-of-the-art Welcome Center will be the gateway to the Menlo Park campus, welcoming all visitors and providing a point of navigation.

Opened in April 2013, the Welcome Center provides a large continuum of services for Veterans, including service dog training programs and comprehensive therapeutic programs.

The Welcome Center offers specialized rehabilitative classrooms, including a history room, providing a historical view of the Menlo Park campus dating back to its original military use in World War I as Camp Fremont; a kitchen where Veterans will be able to receive hands-on nutritional education, cooking classes, learn adaptive cooking skills and healthy lifestyle choices; a community integration room, providing a home-like environment for Veterans and families to gather; a fitness room providing land-based and alternative fitness courses, such as yoga and tai chi; a therapy classroom where Veterans engage in treatment goals through creative expression. This classroom accommodates many art mediums and will display Veteran artwork; a service dog training area to provide adequate space to train the trainers and canines; and an outdoor healing garden, providing a serene location for quiet and meditation.

The Welcome Center is a significant component in enabling California Veterans to pursue active and healthy lives in a state-of-the-art facility, furthering the VA Palo Alto Health Care System's motto of "Serving those who Served."

For more information about the VA Palo Alto Health Care System, please visit <http://www.paloalto.va.gov>.