

SOS: Sort of SCARED

Code Team Training

Agenda

This course is designed to improve the administration of Basic and Advanced Life Support to cardiac arrest victims.

Primary Target Audience: Code Team leaders (R2 and R3)

Learners: Medicine, Nursing (code team nurse, ER nurse, medical floor nurses), Pharmacy, Respiratory therapy

Recurrent problems with code conduct here and worldwide are:

- Non adherence to basic principles (CAB, fresh vitals, pulse checks, etc.)
- Extreme delays in beginning CPR
- Ineffective CPR
- Established protocols not followed
- Poor leadership
- Circus-like atmosphere
- Non-coordination of activity
- No two codes are run alike
- Non-familiarity with equipment
- Fixation on equipment over basics of life support
- Leaders preoccupied by tasks

More scientific studies of cardiopulmonary arrest have shown further that:

- Some type of leadership structure facilitates efficient delivery of proper therapy, and
- Many people are afraid to act in the absence of a defined leader—despite being trained to recognize patterns and to act.

Ramped - up response Unit – Advanced Cardiac Life Support

Administers CPR / medications / cardioversion / defibrillation
medical decision making.