

WOMEN VETERANS HEALTH CARE

*You served, you deserve
★ the best care anywhere.*



February's Featured Topic: Heart Disease

Heart disease is the leading cause of death of American women and Women Veterans. It can also lead to disability and significantly decrease one's quality of life. Despite this, many women do not recognize heart disease as their leading health threat, and many women fail to make the connection between risk factors such as high blood pressure and high cholesterol, and their personal risk of developing heart disease. African-American and Hispanic women in particular are at risk, with high rates of obesity, physical inactivity, high blood pressure, and diabetes. The VA joins the American Heart Association and partner organizations in raising awareness of heart disease in women during the month of February.

Women are now the fastest growing subgroup of U.S. Veterans. The number of Women Veterans is expected to increase dramatically in the next 10 years, and VA health care is expected to be in high demand by the Women Veterans of Operation Enduring Freedom and Operation Iraqi Freedom. The Department of Veterans Affairs understands the health care needs of Women Veterans and is committed to meeting these needs. Women Veterans served and they deserve the best quality care.

References:

- [What is heart disease?](#)
- [Tools and resources to help promote heart health for women](#)