

## ***Domiciliary Service Mission Statement***

The Mission of the Palo Alto Domiciliary is to provide residential rehabilitation to homeless and/or substance-dependent veterans in a supportive environment with the goal of helping veterans return to optimal independent living.

## ***Domiciliary Programs***

### **Homeless Veterans Rehabilitation Program (HVRP) (70 Beds)**

The primary goal is to help veterans return to employment and stable housing while maintaining a clean and sober lifestyle. Rehabilitation involves 90 days of personal problem solving and life-skills training in a peer-support format, and an additional 90 days for job search and employment.

### **First Step (30 Beds)**

The primary goal is to help veterans re-establish sobriety, as well as a lifestyle that provides for independence along with continuing support from others. Rehabilitation involves 90 days of group-based treatment focusing on relapse prevention and related personal issues.

## ***Alumni Programs:***

Both HVRP and First Step offer a wide range of social and recreational aftercare activities that help strengthen and maintain a recovery-based lifestyle.

## ***Domiciliary Admission Criteria***

- Capable of self care
- Free of medical, psychological or legal problems that would interfere with residential treatment
- Motivated and able to actively participate in intensive treatment

## ***Additional Admission Criteria (HVRP)***

- Homeless or at risk of being homeless
- Willingness and ability to return to active employment

## ***Additional Admission Criteria (First Step)***

- Recent and/or history of substance abuse
- Seeking to return to an optimal level of independent clean and sober living in the community

## ***How to Apply – HVRP***

To apply or receive information about the program please call:

**1-800-848-7254**

Monday through Friday 9:00 am to noon or 1:00 pm to 3:00 pm.

Arrangements can be made to speak to a veteran who is currently in the program Monday through Friday 8:00 am to 4:30 pm.

## ***How to Apply – First Step***

For additional information or to set up a phone screening regarding this program please contact the consultation team at:

**(650) 617-2734 or  
(650) 493-5000 x22734 or  
1-866-717-1978**

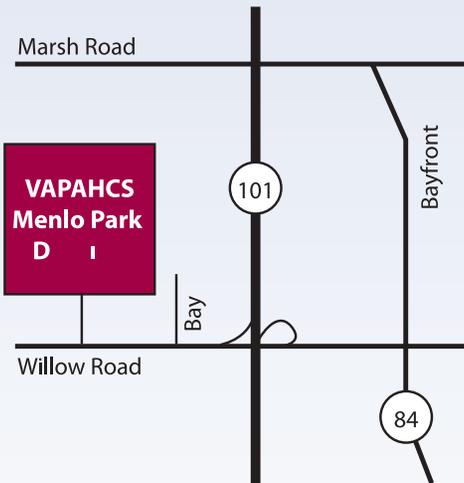
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## General Eligibility for VA Care

Eligibility for most VA benefits is based on discharge from active military service under other than dishonorable conditions. Depending on financial status, there may be a co-payment charge.

Coordination of medical, dental, mental health, dietary, and social services, as well as other VA resources are available as needed.



August 2008



**VA PAHCS**  
Veterans Affairs Palo Alto Health Care System

795 Willow Road  
Menlo Park, CA 94025  
(650) 493-5000

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