

Loners-Internationalists Correspondence Service

The “Loners-Internationalists Meeting” (*LIM*) is a *confidential* bimonthly bulletin sent to Loners, Homers, Internationalists, and to Loner Sponsors and Port Contacts. The bulletin contains excerpts from *LIM* members’ letters, and includes full names and addresses. *LIM* is distributed only to the members described above who appreciate the need for confidentiality of personal sharing through correspondence.

A G.S.O. staff member coordinates the Loners, Homers & Internationalists correspondence service, which is open to A.A. members that fit one of the categories listed below.

To participate, an A.A. member needs to: 1) read and write English; 2) provide a stable mailing address; and, 3) be willing to share experience, strength and hope via correspondence. Most *LIM* members communicate via snail mail, although a few do utilize e-mail.

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| <u>Loner</u> | An A.A. member who is unable to attend meetings regularly because there is no A.A. meeting in the vicinity where he or she lives. |
| <u>Homer</u> | An A.A. member who is unable to attend A.A. meetings because of physical incapacity. |
| <u>Internationalist</u> | An A.A. member working on a seagoing vessel for long periods. |
| <u>Port Contact</u> | An A.A. member willing to serve as a contact for Internationalists when in port. |
| <u>Loner Sponsor</u> | An A.A. member active in local A.A. meetings; who shares his or her experiences and group activity with Loners, Homers, and Internationalists through correspondence. (A Loner Sponsor is not a “Loner” or a “sponsor” in the traditional A.A. sense.) |

Loners, Homers, and Internationalists receive bimonthly copies of the confidential bulletin *Loners-Internationalists Meeting* (*LIM*) and *Box 4-5-9*, a newsletter published by G.S.O. The *Loners-Internationalists & Homers Directory* is printed annually and lists all active *LIM* members. Interested A.A. members who fit a *LIM* category may contact the Loners Assignment, c/o General Service Office, P.O. Box 459, Grand Central Station, New York, NY 10163, or e-mail lim@aa.org